

# INTENSIVE OUTPATIENT SERVICES REFERRAL FORM

Date of Referral: \_\_\_\_\_

## Mental Health Services Client Referral

Individual's Name: \_\_\_\_\_ Social Security Number: \_\_\_\_\_  
Individual's DOB: \_\_\_\_\_ Individual's Age: \_\_\_\_\_  
Individual's Gender: \_\_\_\_\_ Individual's Preferred Language: \_\_\_\_\_  
Caregiver Name: \_\_\_\_\_ Relationship to Individual: \_\_\_\_\_  
Caregiver's Preferred Language: \_\_\_\_\_ Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ School Name/Grade: \_\_\_\_\_

## Insurance Information

Medi-Cal Number: \_\_\_\_\_ Medi-Cal Issue Date: \_\_\_\_\_  
Other: \_\_\_\_\_

## Referral Source

Contact Person: \_\_\_\_\_ Organization: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

## Reason for Referral

### Risk Factors

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Suicidal Ideation                  | <input type="checkbox"/> Homicidal Ideation                | <input type="checkbox"/> Community Violence                  | <input type="checkbox"/> Sexual Abuse        |
| <input type="checkbox"/> Recent Psychiatric Hospitalization | <input type="checkbox"/> Hallucinations/Delusions          | <input type="checkbox"/> Odd Thinking/Behavior               | <input type="checkbox"/> Drug or Alcohol Use |
| <input type="checkbox"/> Child Abuse/Neglect                | <input type="checkbox"/> Self Harm (i.e. cutting, burning) | <input type="checkbox"/> Other Trauma, please specify: _____ |  |

### Home Environment

- Recent Immigrant
- Family Violence
- Death/Loss
- Divorce/Separation
- Military-Connected Family
- Foster Home/Lives with Relative

### School Performance

- Failing Grades
- Does Not Complete Assignments
- Speech/Language Concerns
- Performing Below Grade Level/Ability
- Known/Suspected Learning Disability
- Newcomer/School Adjustment Problems

### Birth to Age 5

- Difficulty Separating
- Poor Emotional Regulation
- Problems with Sleep
- Problems Relating to Peers
- Delayed Language Development
- Wets/Soils Self
- Health Problems
- Temper Tantrums

### Behavior/Social and Emotional Functioning

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Sadness/Depression | <input type="checkbox"/> Disruptive/Defiant Behaviors | <input type="checkbox"/> Aggressive/Tantrums          | <input type="checkbox"/> Poor Hygiene        |
| <input type="checkbox"/> Anxious/Nervous    | <input type="checkbox"/> Recent Weight Gain/Loss      | <input type="checkbox"/> Does Not Take Responsibility | <input type="checkbox"/> Sexualized Behavior |
| <input type="checkbox"/> Withdrawn/Shy      | <input type="checkbox"/> Impulsive/Hyperactive        | <input type="checkbox"/> Truancy                      | <input type="checkbox"/> Poor Social Skills  |

Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_